



United Nations Sustainable Development Goals Open Pedagogy Fellowship

Nutritional Justice Action Plan

Dan Krausz, Community College of Baltimore County (Maryland)
Kristopher Kohler, Montgomery College (Maryland)
2021-2022

Introduction:

You are a part of a collegewide effort to increase access to education and empower students through "open pedagogy." Open pedagogy is a "free access" educational practice that places you - the student - at the center of your own learning process in a more engaging, collaborative learning environment. The ultimate purpose of this effort is to achieve greater social justice in our community in which the work can be freely shared with the broader community. This is a renewable assignment that is designed to enable you to become an agent of change in your community through the framework of the United Nations Sustainable Development Goals (SDGs). For this work, you will integrate the disciplines of Sociology and Nutrition to achieve SDG #2: Zero Hunger with a focus on Target 2.1.

Learning Objectives:

- Identify local resources to assist in change
- Discuss their personal plan for nutritional justice
- Implement their plan for nutritional justice
- Summarize your efforts in combating nutritional injustice
- Demonstrate effective oral or written communication
- Organize information into a cohesive visual presentation

Purpose/Rationale:

The concept of food injustice is meant to call attention the various factors which place barriers between people or communities and sufficient, nutritious food. These barriers (laws, market patterns, geographies, politicians, corporations, etc.) are not always easy to change. In this assignment, students will enact a "plan of action" to effect change around a specific dimension of

food injustice. In this assignment students will endeavor to do something which can help make a dimension of food injustice, more just. Students might produce research for an existing community organization, non-profit or NGO. Students might take action (draft petitions, address city council, write politicians or other stakeholders, lobby or protest, etc.) to impact a dimension of food insecurity. Students might produce testimonials through interviews, collected writings, art or other creative project to increase awareness about their food injustice issue in a new way.

Taking action to improve your community and the world is an invaluable learning experience that will hone students' sense of civic duty, social responsibility and personal accountability.

Instructions:

1. Determine a practical way that you make an impact in the fight against nutritional injustice.
2. Consider existing efforts in your area. Refer to Feed America and Foodtank.
3. Develop an "action plan" for this effort. This plan should include:
 - a. The specific component of nutritional injustice you plan to address (lack of access, inequitable distribution, lack of education, etc.)
 - b. The specific target population you will be addressing (local government, specific corporations, a specific organization, specific population, etc.)
 - c. A detailed step-by step plan for action.
 - d. An acknowledgement of the challenges (barriers) you may face.
 - e. A determination of how you will measure "success".
 - f. A list of any materials used (if applicable)
 - g. A list of those you recruit to assist you (if applicable)
4. Carry out your plan and report on your experience.
 - a. Would you consider it a success? Why or why not
 - b. What challenges did you actually face?
 - c. What impact do you think it had?
 - d. What, if anything would you change about your initial plan and/or execution of it?
 - e. How can we (the class) join in this effort?
5. Include a list of resources used
6. Include videos or photos of your efforts.

Format Requirements:

- An original Powerpoint presentation or video documentary touching on all components listed above.
- 12-15 slide minimum or 8-10 minute video documentary.

Nutritional Justice Action Plan is licensed by Dan Krausz, Community College of Baltimore County (Maryland) and Kristopher Kohler, Montgomery College (Maryland) under the Creative Commons Attribution 4.0 International (CC BY-NC-SA)