CANADA CAREER WEEK November 4-10, 2001

At UCC's Access to Training Storefront 392 Tranquille Road

Monday, November 5, 2:00 PM Gain Experience While You

<u>Learn</u>, Carole Hebden from the UCC Co-operative Education Department will describe ways in which students can acquire relevant experience as part of their program of study. She will discuss practicums, internships, apprenticeships, mentoring, work study, and co-operative education.

Tuesday, November 6, 11:00 AM <u>Vocational Skills Training</u> for those who have a disability that impairs learning. UCC instructor, Lois Peters, will outline the employment and academic skills, prerequisites, application process, cost, and financial assistance available for the Retail, Kitchen and Automotive Repair Shop Assistant options. UCC's Transition Planner, Davina Neve, will be available to meet perspective students.

Wednesday, November 7, 10 AM - 12:00 noon <u>Knowing Your Values Can Help Identify Your Goals</u>. Roxanne L'Esperance, Interim Coordinator for Aboriginal Students at UCC. realizes that when a person is returning to education, it is important to have a clear goal in mind. In this workshop, Roxanne will take a life skills approach to doing some self-assessments that will help you know your values which in turn can help you to identify your goals and assist you with your career planning.

Wednesday, November 7, 1:30 - 4:00 PM <u>Academic Advising</u>. UCC Advisor, Bernie Crawford, is taking appointments to help you plot out your educational plan. Book your time by calling 376-9056.

Thursday, November 8, 11:00 AM UCC's <u>Home</u>
<u>Support/Resident Care Attendant</u> program. Meet program Coordinator, Donna Daines, to find out prerequisites, course content, cost,
application process and more.

Thursday, November 8, 1:30 PM The Strategic Job Search - realizing that the job search is distinct for each person. Wendy Stowell, Office Administrator, Student Employment Centre, UCC, will discuss how Occupational Research, Mentoring and Networking are a few of the ways to strategically plan a job search. For each job seeker knowing who they are and what they want to do are key in successfully fulfilling career goals.

Friday, November 9, 10:00 AM <u>Computers - Career and Education Options</u>. UCC Computer Systems and Operation Management instructor, Bob Barlow will discuss computers in the workplace and home, knowing how to use a computer vs programming one, typical jobs and opportunities, education and training options, and personal suitability. There will be a question and answer period to follow.

Friday, November 9, 1:30 PM UCC's <u>College Prep</u>
<u>Fundamentals, Level 030</u> (grade 8) program. Meet with the instructor, Marvyn Fitzpatrick, find out how you apply for the program, course content, and student expectations.

FOR FURTHER INFORMATION, AND TO PRE-REGISTER FOR THESE FREE SEMINARS, CONTACT: Dian Aylwin, Facilitator, UCC's Access to Training Storefront, 392 Tranquille Road, 376-9056, or e-mail: daylwin@cariboo.bc.ca.