

**EPIC**

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**EMPLOYMENT**

**PREPARATION**

**AND INVESTIGATION**

**CERTIFICATE**



THE  
UNIVERSITY  
COLLEGE  
OF THE  
CARIBOO

KAMLOOPS, BRITISH COLUMBIA



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## ARE YOU...

### LOOKING FOR A JOB?

### THINKING ABOUT RETURNING TO THE WORKFORCE?

### FACED WITH LAYOFF OR REDUNDANCY?

The **EPIC** program can help you meet the challenges you are facing by providing you with practical job search skills; short refresher courses in mathematics, business English, computer applications; and interpersonal skills development. It can also help you decide which job you may be suited for in a changing workforce.

The **EPIC** program is made up of a menu of seventeen courses. You can pick and choose only those courses you need to meet your particular employment needs. On the other hand, you can receive a certificate by completing the four basic core courses and a number of optional courses for a total of 120 hours of course work.

## COURSES

- EPIC 111\*** Personal Exploration Workshop
- EPIC 112\*** Problem Solving
- EPIC 113\*** Communications Skills
- EPIC 114\*** Career/Education Plan
- EPIC 121** Resume Writing
- EPIC 122** Job Search Skills
- EPIC 123** Interview Skills
- EPIC 124** Refresher Mathematics
- EPIC 125** Report Writing
- EPIC 126** Keyboarding Skills
- EPIC 127** Introduction to Microcomputers
- EPIC 128** Time Management Skills
- EPIC 129** Public Speaking
- EPIC 130** Assertiveness Training
- EPIC 131** Stress Management and Wellness
- EPIC 132** Understanding Unemployment
- EPIC 133** Personal Career Planning

\* Core courses

For more details, contact your local

UCC Community Coordinator or Janice Latta,  
Extension Services Coordinator,

Division of Developmental and Regional Programs  
in Kamloops at 828-5297.