



# cariboo college

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## NEWS RELEASE

### FOR IMMEDIATE RELEASE

March 14, 1984

Cook training has now been added to the list of vocational specialties available on a year-round basis under the individualized Training Access (TRAC) program at Cariboo College.

The TRAC program, recently expanded to include evening instruction, replaces the former fixed-schedule pre-apprentice trades training system with a self-paced, flexible approach to instruction.

Beginning May 28, the College's long-established Cook Training program, up to now on a 10-month basis with entry possible only twice a year, can be undertaken any time an eligible applicant's name comes up on the waiting list. He or she can then progress at the speed indicated by individual performance in the required areas of competence.

Ben Eldridge, the College's Director of Vocational Programs, pointed out that there is no waiting list at present for Cook Training. But he expects one to materialize as soon as the program's availability under TRAC becomes known.

"That's been the story with all the on-going TRAC programs," Eldridge said.

"We have waiting lists for Carpentry, Benchwork-Joinery, Electrical, Automotive, Diesel Engine Technician, Heavy Duty Mechanics and Partsperson."

Cook trainees will start with a basic program emphasizing fundamental cooking and food service skills, cooking methods and kitchen safety.

They can then advance to the short order and from there to the institutional cooking section, which can lead directly to employment in industry, or continue training at an advanced level of banquet and dining-room cooking, including buffet preparation.

All the training is conducted during daytime hours in the College's recently expanded Food Training Centre and includes practical experience in all aspects of the student cafeteria operation.

( MORE )

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Eldridge noted that a satisfactory medical examination and chest X-ray are required of applicants.

Basic fee for the TRAC programs is \$50 a month, plus materials and student activity fees. Some applicants may be eligible for sponsorship by the Canada Employment and Immigration Commission.

Interested persons can get more detailed information about courses by telephoning the Food Training Centre at 374-0123, Extension 320, and can obtain application forms from the Student Services Office at 900 College Drive, telephone 374-0123, Extension 228.

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For further information please contact:  
B. Eldridge at 374-0123, Local 254 OR  
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