

Adult Special Education (ASE) Life Skills Courses

The ASE department at Cariboo offers courses that will increase the independence of the students taking them.

These courses are designed to encourage personal growth, normalization of behaviour, improved communication, and participation in college and community life.

The courses are offered at a variety of skill levels so that as many students as possible can take part.

One or two of these courses are offered each semester in Kamloops, Williams Lake and 100 Mile House.



Costs

Please note that fees may change from year to year.
In 1991-1992 tuition fees are \$45.75 per course.

Length of Courses

Each course lasts 12 weeks.

Financial Aid

Students requiring financial assistance should apply at the time of their initial interview. Financial aid is available through several sources for eligible students.

Further Information

Call the Department Chairperson, Adult Special Education at 828-5290 or call toll free in B.C.
1-800-663-2955, extension 5290.

Or write: ASE Department
The University College of the Cariboo
Box 3010
Kamloops B.C. V2C 5N3



THE
UNIVERSITY
COLLEGE
OF THE
CARIBOO

Adult Special Education (ASE) Life Skills Courses



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AUGMENTATIVE COMMUNICATION

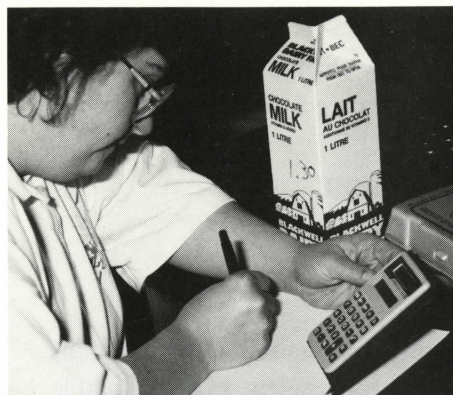
- helps the student develop a method of communication
- uses sign language, gestures or communication boards
- provides varied activities to increase communication
- asks that the student's home or caregiver become a part of the program

REAL WORK

- gives students an opportunity to practice job skills in a classroom setting
- allows students to practice these skills in real work settings on the campus
- allows students to work with other college staff and students

COMMUNICATION SKILLS

- increases good verbal communication skills
- lets students practice good speaking and listening skills
- provides a variety of activities around the college and the community for skills practice
- helps develop self-confidence



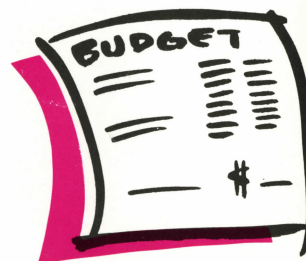
MONEY SKILLS

- gives the student a better understanding of money
- allows the student time to practice making change
- teaches coin and paper money recognition
- provides practice in addition and subtraction skills



BANKING AND BUDGETING

- gives the student an opportunity to learn about budgets
- allows the student to set up his or her own personal budget
- talks about making better choices about money
- helps the student learn about bank accounts
- teaches the student how to write cheques and balance a cheque register



EMPLOYMENT ORIENTATION



- helps the student learn job readiness skills
- helps the student develop better communication skills, social skills, problem solving, and goal setting
- encourages the student to look at his or her interests for possible employment
- field trips introduce students to a number of different job sites
- guest speakers inform students of job possibilities

LIFE SKILLS READING

- builds on reading vocabulary of student
- helps develop decoding strategies
- builds reading comprehension



LIFE ISSUES

- presents three issues per term for discussion
- topics range from nutrition to personal relationships
- helps increase greater skill for independent living

