NEWS RELEASE

Your blood pressure and type, your heart action, your pulse, your degree of physical fitness——you can have them all checked Saturday, September 27th, at the Cariboo College 10th Anniversary Open House.

Instructors and students in the various health-oriented and other scientific programs have prepared demonstrations and displays that show how nurses and technologists work as members of a medical team. All the exhibits are open from 9 a.m. to 4 p.m.

Highlights of the various specialty presentations include:

<u>Nursing</u>——Blood pressure testing; audio-visual showings on Nursing as a career. <u>Medical Laboratory Technology</u>——Its role in diagnosing disease: how urine is tested; blood types; what bacteria look like.

Respiratory Technology——Oxygen and humidity therapy, mechanical breathing devices, arterial blood gas monitoring.

Physics---Electrocardiograph.

Biology---Finger pulse testing by Plethysmograph.

Physical Education——Fitness appraisal: a 15-minute test that includes cardio-vascular efficiency, lung volume, calculation of fat percentage, etc. (Persons over 35 should have their physician's approval.)

All the health-related exhibits, testing and demonstrations will take place in the next Science Building, except for fitness appraisal, which will be under way in the Gymnasium.

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