#### Dr. Florriann Fehr Michelle Funk







## Once Upon a Time: Encouraging cultural reflection through storytelling



Once upon a time...

...the School of Nursing at TRU created an assignment that required nursing students to reflect on a patient's story through a

culturally sensitive lens.....



## Relational Practice Course



#### Purpose of assignment:

Reflection on communication and personal meaning through a real and virtual exploration...

- Prepare nurses to care in a culturally sensitive way within a complicated and complex health system
- Elaborate on communication skills and culturally safe bedside manner
- Experience empathy virtually

# Rewrite - What if you could do it all over again?

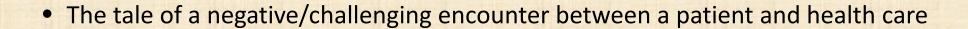
Chapter One: Non-Fiction: An unpleasant situation with healthcare from "others"

Chapter 7wo: Fiction: A pleasant situation with healthcare based on "self as nurse"

Chapter Three: Bridging non-fiction with fiction: Critical Thinking/Theory – "so what"



## Chapter One: Client's perspective





• Skills required by student: Active listening, validation, inquiry, humility, creativity, and storytelling



#### Chapter 2: Student nurse fantasy perspective

- Reflect how you would do it differently...
- Take the place of the nurse and turn the story into a positive experience
- Outcomes realistic and sound, encouraging intercultural nursing process





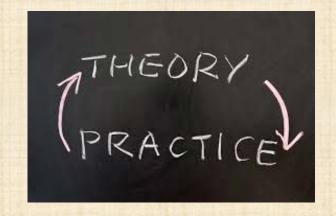




#### Chapter 3: Theoretical Integration

- Embrace critical thinking and rationalize the fantasy
- What theory content was used and why?





#### Articulation of Theory

- Empathy
- Therapeutic communication
- "Ism's"
- Assertive communication with team, family, peers
- Courageously self reflected and considered Indigenous issues
- Emulated professionalism and intercultural nursing
- Acknowledged their part as health care team in Chapter One
- Discovered role responsibility and collaboration of a Registered Nurse





### 748 8100



- "I was astounded by my interviewees story,...it made me realize that these situations do occur and it is not just a case study"
- "Loved taking a real situation and analyzing my own practice"
- "The smallest things can have the biggest impact"
- "Therapeutic for the person I was interviewing"
- "Opened my eyes to the strengths and weaknesses in the health care system"
- "Family members matter to as they have a vested interest they are patient"
- "Perception of how we are caring as nurses can be viewed differently when patients feel vulnerable"

## Storytelling websites

- http://www.csd.uwa.edu.au/altmodes/to\_delivery/storytelling.html
- http://www-writing.berkeley.edu/TESL-EJ/ej16/int.html
- http://www.educ.sfu.ca/people/faculty/kegan/Memorylm.html
- http://falcon.jmu.edu/%7Eramseyil/storyreference.htm
- http://www.opc.on.ca/pubs/stories
- http://www.scu.edu.au/schools/edu/projects/storytelling
- http://makingstories.net
- http://storywise.com
- http://www.deakin.edu.au/edu/crt\_pe/teaching/journals.htm
- http://www.dstory.com/
- http://www.storycenter.org/

## Reference List

Benner, P. (1984). From Novice to Expert. Menlo Park: Addison-Wesley.



Fairbain, G. & Carson, A. (2002). Writing about nursing research: A storytelling approach. Nurse Researcher 10. 7-14.

Geannellos, R. (1996). Storytelling: A teaching-learning technique. Contemporary Nursing. 5(1). 28-35.

McCance, T. McKenna, H., Boore, J. (2001). Exploring caring using narrative methodology: An analysis of the approach. Journal of Advanced Nursing. 33(3). 350-356.

McDrury, J. and Alterio, M. G. (2001) 'Achieving reflective learning using storytelling pathways.' Innovations in Education and Training International, 38(1): 62-73.

McDrury, J and Alterio, M. G (2002) Learning through Storytelling: using reflection and experience in higher education contexts. Palmerston North: Dunmore Press.

Ritchie, M. (2001). Faculty and student dialogue through journal writing. Journal of Specialists in Pediatric Nursing. 8(1). 5-12.

Skott, C. (2003). Storied ethics: Conversations in nursing care. Nursing ethics. 10(4). 368-376.

Towle, A, and Breda, K. (2014). Teaching the millennial nursing school: using a "flipping the classroom" model. Nursing and Health, 2(6) 107-114.